



**Presents**

## **Dementia Study Day**

Sadly the number of people being diagnosed with dementia is set to triple by 2050 in New Zealand placing significant stress on health services, carers and families in our communities so there is a great need to further our understanding of how to identify and manage the challenges of dementia.

This one day course is for professionals and carers working with those with dementia. This course investigates the causes, classifications, stages of progression, clinical treatments and practical care strategies.

Course content:

- Neurobiology of Dementia
- The challenge of diagnosing dementias - clinical symptoms and international guidelines
- Different types of dementia and common symptoms
- Mild Cognitive Impairment stage
- Risk factors and prevention strategies
- The seven stages of Alzheimers Disease
- Current medical and pharmacological treatments
- Changing cognition and its impact on function and safety
- Practical tips for daily care
- Therapeutic approaches –e.g. validation therapy, music therapy, reality orientation therapy etc
- Activities and enriched environments
- Communication tips
- Dealing with challenging behaviour
- Keeping safe and managing risk
- Practical Planning for the future and managing declining function: including: legal issues, financial implications, supporting the family and end of life issues.
- Making the transition into residential care
- The future of treatment?–current trends in medical research